

Calcutta International School

Herald February 2017



1. The school was established in the late 1940s by Miss Mai Barth, she having taught at a British garrison in WWII.
2. It was formerly called King's House School but was more popularly known as "Miss Barth's"
3. During Indo-Pakistan War, CIS had regular bomb drills
4. The old school was housed in a colonial building at 18, Lee Road, Kolkata-700020
5. Yellow house was Blue house before
6. In 1970, the Calcutta International School Society (CISS) was formed under the West Bengal Society's Regulation Act, 1961
7. The library software in school was designed by a student

CIS was the first school in West Bengal offering the International Baccalaureate Diploma Program

By Prithviraj Basumallik, IB1

Intra-MUN



On the 1st day of the CIS Intra-MUN, we all went to the AVR for a small speech explaining the process of the MUN to the first-timers by the chairs. We started with a discussion on Iraq invasion of 2003 with presidential statements. In between there were some crises, such as a nuclear explosion near Iraq-Iran border.

On the 2nd day, the Russian team (which included Iran, Russia, Japan, China and Iraq) went to the AVR and the rest in the USA stayed in the same room. There were presidential statements and action orders from both the sides, like bombing certain areas or blockade of some area by either of the sides. The dominant ones in Russian team was Russia, Iraq, Iran.

The MUN then devolved into a nuclear war, leading to the end of the world, and so the MUN ended without the committee having reached a satisfactory conclusion. It was, however, an interesting and educational experience for all those involved, fostering leadership skills, debating abilities, and creating memories that will last for the rest of our lives.

By Khush Arora, AS and Rishika Bose, IB1

CIS Nature Club



The CIS Nature was recently created by Harsh Banthia of IB 1, with the aim of making CIS a greener and more environmentally-friendly school. The projects of the Nature Clubs so far include segregating our waste through the use of new recyclable-material and non-recyclable-material dustbins in each classroom; creating a compost pit to effectively use our biodegradable waste and appointing 'green monitors' to each classroom to ensure each class minimises waste. The Nature Club also plans to create an organic garden, as well as other projects.

-Rishika Bose and Harsh Banthia IB-1

Math and mocktails (ratio and proportions) - class 7



On the 23rd of this month, class 7 did an activity called Math and Mocktails, where the students made drinks such as Chili lemonade, aptly named Chillary Clinton, and the Make America Grape Again. Students had to utilise their creativity and were graded on innovation and hygiene amongst other things. Students learned about the real life application of ratios and proportions in an exciting way and got the opportunity to showcase their culinary expertise. We hope to participate in more such activities in the future.

By Krishna Mishra, 7B

Helping the youth

LP4Y



LP4Y (A non-profit dedicated to providing education to disadvantaged youth) gives us, the IB-1 students, a platform for teaching underprivileged students English, Business and ICT. It is beneficial for them and our students, as it gives us the advantage of knowing the student's strengths and weaknesses, which in turn allows us to discover our own strengths and weaknesses, and so grow as people.

The classes are held after school, from 2 o'clock to 4 o'clock on Fridays, and on Saturday mornings. The IB- 1 students take the classes every Friday, which are continued on Saturday by students of classes 9 and 10.

Not only do we try to teach English to the students to help them communicate, easily we also teach them business and ICT to help them earn and get different job opportunities. Through this we contribute to society and gives us an opportunity to interact with different sections of the society.

By Ria Banerjee, IB1

Exam stress workshop



On Friday, 24 February, 2017 a psychiatrist from Fortis Hospitals conducted a knowledge seminar on “How to handle exam pressure”. In this workshop we learnt how to plan and manage time efficiently without stressing

We were instructed to plan effectively, set a SMART (Specific, Measurable, Achievable, Realistic and Time Bound) Goals, prioritize work and manage time properly. The psychiatrist explained that we should study at stretches of 45 minutes with small 15-minute break in between. During the break we were advised to exercise or have a light snack instead of drinking coffee or watching/using any screens. He told us to work on concentration exercises such as crosswords, word searches before studying for improvement of focus and concentration. He made us aware that we should take notes or highlight while reading. He also said something that surprised me: he said that stress improves concentration but too much stress can cause performance levels go down. During the exams we were advised to focus, sleep and wake at proper times and play outside. He also asked us to avoid comparing, worrying about results, overworking and drinking caffeine or self-medicating.

Overall I found this workshop really helpful and decided to follow his advice as it would be beneficial in my examinations. I never knew how the pressure in exams could be handled so simply. I thank the doctor for making such a pressurizing and stressing thing like exams, seem simpler and much more fun. I am sure this advice will help me in my exams.

Chinese New Year Event



CIS teachers , Mrs. Debjani Sen, Mrs.Sharmila Mukherjee and Mrs.Chitra Roy attended this event . They were specially invited by the Chinese Consul General Ma Zhan Wu. The event commenced with a speech delivered by the Consul General. In the speech he spoke about the relationship shared between India and China ; Education was a major topic among others. This was followed by a cultural program. It was as Mrs.Roy describes, “ a perfect blend of dance , martial arts and music.” One of the singers sang a Bollywood song, this performance showcased China’s recognition of India’s entertainment industry , Bollywood. The event ended with the Consul General wishing everyone a happy new year.

Crochet Workshop



On 22nd February, there was a workshop held in CIS for the senior school art students. Joyita Dey, founder of the brand *Crochita*, which specialises in statement jewellery and crochet products, was invited to teach the students basic crochet. Students from 9th to 12th grade participated in the workshop along with our very own

teachers. Students learnt the basics of crochet and by the end of the workshop made crocheted roses of their own. It was a valuable experience and helped the students to learn a new skill which they can use both for practical and artistic purposes.

-By Nibedita Basu, IB 1

-Compiled by students of IB1